

SPA MENU



THALGO FACIALS

Illuminating Radiance Facial Express Facial R 550 / €33 / 30 min
For dull, tired complexions.

Men's Facial R1 000 / €60 / 60 min
A tailored solution for dehydrated, dry, sensitive or oily skin, leaving your face revitalised and perfectly balanced.

Purity Marine Purifying Facial R1 100 / €66 / 60 min
Visibly reduces imperfections, redefines pores and controls shine.

Source Marine Ritual Hydrating Facial R1 200 / €72 / 60 min
Deeply hydrates, replenishes and restores the skin's velvety-smooth feel and radiance.

Brightening Facial Pigmentation/Uneven Skin Tone .. R2 300 / €139 / 60 min
Lightens hyper pigmentation while preventing uneven skin tone. The skin will appear visibly younger and rejuvenated.

Hyaluronic Filler Treatment Anti-Ageing Facial R2 300 / €139 / 60 min
(35+ years) An anti-wrinkle solution which fills and corrects deep wrinkles. Skin appears younger, smoother and glowing with youth.

Silicium Super-Lift Treatment Anti-Ageing Facial R2 500 / €151 / 75 min
(45+ years) The treatment excels in correcting loss of firmness and smoothing deep wrinkles, restoring radiance to the complexion.

Ultimate Time Solution Ritual Anti-Ageing Facial R3 200 / €193 / 90 min
(45+ years) Two Thalgo exclusives, the Energilift massage (a true manual facelift) and the Ultimate Time Solution Mask (a bio-cellulose mask concentrated in regenerating ingredients), reshapes facial contours, firms features and corrects wrinkles.

TINTING

Eyebrow or Lash Tint (each) R 90 / € 5 / 10 min
Eyebrow and Lash Tint R 170 / €10 / 30 min

WAXING

Lip, Chin or Brow (each) R 110 / € 7 / 10 min
Underarms R 150 / € 9 / 15 min
Arms – Half R 150 / € 9 / 20 min
Arms – Full R 250 / €15 / 40 min
Chest or Back R 350 / €21 / 30 min
Bikini R 220 / €13 / 30 min
Brazilian R 320 / €19 / 30 min
Hollywood R 400 / €24 / 45 min
Legs – Half R 300 / €18 / 30 min
Legs – Full R 350 / €21 / 60 min

BODY

Body Exfoliation R 450 / €27 / 30 min
Body Wrap (Includes Exfoliation and Massage) R1 200 / €72 / 2hrs
Hydrotherapy (Exfoliation, Bath and Massage) R1 500 / €91 / 2hrs

MASSAGES

Scalp and Neck Massage R 400 / €24 / 30 min
Foot Massage R 450 / €27 / 45 min
Back, Neck and Shoulder Massage R 540 / €33 / 45 min
Cooling Leg Treatment R 600 / €36 / 45 min
Swedish Massage R1 000 / €60 / 60 min
Aromatherapy Massage R1 250 / €75 / 60 min
Deep Tissue Massage R1 250 / €75 / 60 min
Mint Signature Massage R1 600 / €97 / 90 min
Hot Stone Massage R1 300 / €79 / 90 min
Additional Time R 200 / €12 / 15 min

LITTLE DIVAS (8 - 12 YEARS)

Funky Fingers	R 200 / €12 / 30 min
Twinkle Toes	R 230 / €14 / 45 min

HANDS AND FEET

Express Manicure	R 260 / €16 / 30 min
Luxury Manicure	R 400 / €24 / 60 min
Gelish Manicure	R 550 / €33 / 75 min
Express Pedicure	R 300 / €18 / 30 min
Luxury Pedicure	R 490 / €30 / 75 min
Gelish Pedicure	R 600 / €36 / 75 min
Callus Peel Add-On	R 300 / €18 / 30 min
Gelish Soak-Off and Nail Buff	R 220 / €13 / 45 min
Men's Manicure	R 350 / €21 / 45 min
Men's Pedicure	R 440 / €27 / 60 min

PACKAGES

Love Actually / Nature Bath .. R1 260 / €76 (single)-R2 500 / €151 (double)2hrs
Aromatherapy massage, organic bath soak, sparkling wine or smoothie with fruit platter.

Mint Favourites R2 790 / €168 / 4hrs

Welcoming foot ritual, Mint signature massage, hydrating facial, luxury manicure or pedicure.

Man Of The Moment R1 850 / €112 / 2h15

Sauna or steam, deep tissue fully body massage, scalp massage, pedicure with callus peel.

Benefits With Treatments

• Any treatment longer than 60 minutes gains you access to loungers at the pools, subject to availability (except during peak season – 16 December to 4 January).

For clients only.

(No access to Sandy B Private Beach Club).

• Any treatments to the value of R1500 and over, has access to loungers (client + 1), subject to availability (except during peak – 16 December to 4 January), day membership at Sandy B Private Beach Club and access to the sauna, steam room and gym.

MEMBERSHIPS

Monthly Membership (Limited to 30 members).....R2 200 / €133 per month

- The Bay Hotel: Gym, pools, sauna and steam room.
- Sandy B Private Beach Club membership.
- Camps Bay Retreat: Tennis court, Mountain Pool Club, pools, gardens and private nature reserve.
- R1 000 Mint Wellness treatment voucher or Village n Life money included.
- Membership to the VNL Leisure Club.

Day Facilities Membership.....R 400 / €24 per day

- The Bay Hotel: Gym, pools, sauna and steam room.
- Camps Bay Retreat: Tennis court, Mountain Pool Club, pools, gardens and private nature reserve.
- R100 Village n Life money included.
- Sandy B Private Beach Club daily membership included.

ETIQUETTE

- We recommend that you arrive 15 minutes prior to your treatment time to allow for pre-treatment consultation and preparation.
- A robe, slippers and disposable underwear are available for your use.
- Late arrival treatment time may be reduced accordingly but will be charged at full price.
- We reserve the right to cancel your appointment and book waitlisted clients should you be more than 15 minutes late without notifying the spa for your confirmed booking.
- No treatments will commence without the client's signature and completion of the indemnity and consultation forms.
- Children under the age of 12 must be accompanied by the parent / guardian for the entire duration spent on the hotel premises.
- Gratuities are discretionary and are not included in the treatment price (usually between 10 – 15%).

BOOKING TERMS AND CONDITIONS

- Credit card details may be requested to secure a booking.
- A 50% deposit is required for group bookings and packages.
- A special fee for appointments made outside of the normal working hours (subject to therapist availability) as well as group bookings, will be charged.
- Walk-ins are welcome (subject to availability). Booking in advance is recommended.
- Prices and any other details are subject to change without notice.
- Bookings cancelled with less than 4 hours' notice will be charged at 50% at the discretion of the Wellness Host.
- Full treatment charge will apply for non-arrivals.
- Terms and conditions apply.

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(Euro guideline €16,56 to R1 as at 29 October 2018)