

# SPA MENU

2019/2020



## THALGO FACIALS

**Illuminating Radiance Express Facial** All Skin Types.....R550 / €34 / 30 min  
The ultimate Hydra Marine Ritual which magnifies radiance and reveals the beauty of dull, tired complexions. The secret of its effectiveness lies in the mask and professional concentrates, combined with energising digital pressure.

**Men's Facial**.....R1 100 / €67 / 1 hr  
Uniquely designed for men, the key Algae Bleue Vitale extract is infused with anti-fatigue and anti-ageing properties. This energising facial provides immediate results which leaves the complexion rested, radiant and rejuvenated.

**Purite Marine Ritual** Oily/Combination.....R1 200 / €73 / 1 hr  
Visibly reduces imperfections, redefines pores and controls shine to restore the beauty of healthy skin with marine power.

**Source Marine Ritual** Dehydrated.....R1 200 / €73 / 1 hr  
Hydration levels are lastingly corrected to deeply replenish and restore the skin's velvety-smooth feel and original radiance.

**Hyaluronic Marine Facial** Deep Wrinkles.....R2 700 / €165 / 1 hr  
An anti-wrinkle solution drenched in high penetration hyaluronic acid, this treatment fills and corrects deep wrinkles thanks to its exclusive massage and double professional mask, resulting in a younger and smoother looking skin.

**Lumière Marine Facial** Pigmentation and Uneven Skin Tone.....R2 800 / €171 / 1 hr  
The skin appears visibly younger through lightening the complexion and reducing pigmentation marks.

**Silicium Marine Facial** Deep Wrinkles and Lack of Tone.....R3 100 / €189 / 1h15  
Correcting loss of firmness and smoothing deep wrinkles, the treatment procedure includes a highly effective anti-wrinkle massage and a professional double firming mask which erases wrinkles and restores radiance to the complexion.

**Exception Marine Facial** Ladies 45+.....R3 500 / €213 / 1h30  
The first Marine Lifting treatment which resculpts, contours, redensifies the skin and fills out wrinkles. The patented Marine Replenishment Complex and an exclusive Thalgo technique, Energilift, makes this facial a real manual facelift.

## TINTING

Brows .....R110 / €7 / 10 min  
Lashes .....R130 / €8 / 10 min  
Brows and Lashes .....R200 / €12 / 30 min

## LITTLE DIVAS (8-12 YEARS)

Funky Fingers .....R250 / €15 / 30 min  
Twinkle Toes .....R270 / €16 / 45 min

## HANDS AND FEET

Luxury Manicure .....R450 / €27 / 60 min  
Express Manicure .....R300 / €18 / 30 min  
Gelish Manicure .....R600 / €37 / 1h15 min  
Gelish Soak-Off and Nail Buff .....R250 / €15 / 45 min  
Men's Manicure .....R350 / €21 / 45 min  
Luxury Pedicure .....R530 / €32 / 1h15 min  
Luxury Callus Peel Pedicure .....R600 / €37 / 1h30 min  
Express Pedicure .....R330 / €20 / 30 min  
Gelish Pedicure .....R650 / €40 / 1h15min  
Men's Pedicure .....R450 / €27 / 1 hr

## PACKAGES (CHECK SEQUENCE OF TREATMENTS)

**Traveller's Tension**.....R800 / €49 / 1 hr  
Release travel tension with a scalp, neck and shoulder massage followed by a pressure point foot and leg massage.

**Love Actually Or Nature Bath\*** .....R1 600 / €98 (single) – R3 150 / €192 (double) 2 hrs  
Enjoy an aromatherapy massage followed by an organic bath soak, perfectly paired with a glass of sparkling wine or fruit smoothie and a fresh fruit platter.

\*Nature Bath only available at Camps Bay Retreat. Love Actually at both Spas.

**Body By Nature**.....R2 050 / €125 / 2h30  
Revitalise your body with an exfoliation, body wrap and full body massage, finished off with a luxurious bath soak.

Should booking request be for the Nature Tent at Camps Bay Retreat, rinse offs will be in the bath.

**Man Of The Moment**.....R2 050 / €125 / 2h30  
Sauna or steam session, deep tissue full body massage, scalp massage and a luxury callus peel pedicure.

**Just Us**.....R2 200 / €134 (single) – R4 400 / €268 (double) 2 hrs  
Unwind with an aromatherapy, scalp and pressure point foot massage, completed with an express facial.

**Mint Favourites** .....R3 000 / €183 / 4 hrs  
A top-to-toe spoil consisting of a welcoming foot ritual, our Mint Signature massage, a hydrating facial and your choice of a luxury manicure or pedicure.

## WAXING

Lip, Chin or Brow (each) .....R140 / €9 / 10 min  
Underarms .....R170 / €10 / 15 min  
Arms – Half .....R150 / €9 / 20 min  
Arms – Full .....R290 / €18 / 40 min  
Chest or Back .....R370 / €23 / 30 min  
Bikini .....R240 / €15 / 30 min  
Brazilian .....R380 / €23 / 30 min  
Hollywood .....R450 / €27 / 45 min  
Legs – Half .....R350 / €21 / 30 min  
Legs – Full.....R450 / €27 / 1 hr

## BODY

**Body Exfoliation** .....R550 / €34 / 30 min  
This luxurious, natural salt and coconut oil exfoliating body treatment improves the skin's texture and renews a rejuvenating glow to the skin. The invigorating journey is paired with a cup of uplifting Jasmine Fairy Flower Tea.

**Body Wrap** (Includes Exfoliation and Massage) .....R1 800 / €110 / 2 hrs  
Your choice between a relaxing Neroli and Vanilla hydrating body wrap or an invigorating Peppermint and Rosemary detox wrap.

**Hydrotherapy** (Includes Exfoliation and Massage) .....R2 000 / €122 / 2 hrs  
Enhance your wellness experience by relaxing in a warm bath. Perfect to calm, soothe and dissolve the tension away.

## MASSAGES

Scalp and Neck .....R450 / €27 / 30 min  
Soothed Soles (Feet) .....R500 / €30 / 45 min  
Back, Neck and Shoulder .....R550 / €34 / 45 min  
Cooling Leg Treatment.....R650 / €40 / 45 min  
Swedish .....R1 100 / €67 / 1 hr  
Aromatherapy .....R1 250 / €76 / 1 hr  
Deep Tissue .....R1 350 / €82 / 1 hr  
Hot Stone.....R1 400 / €85 / 1h30  
**Mint Signature** .....R1 700 / €104 / 1h30  
Our signature massage incorporates a combination of aromatherapy and hot stones with invigorating mint massage oil to relieve and prevent tense muscles, pain and sinusitis.  
Additional Time .....R220 / €13 / 15 min

## BENEFITS WITH TREATMENTS

- Any treatment longer than 60 minutes, gains you access to a lounge at the pools (excluding the Sandy B Private Beach Club), subject to availability (excludes peak season from 16 December to 4 January).
  - Any treatments to the value of R1 500 and over, offers access to loungers (client +1), subject to availability (excludes peak season from 16 December to 4 January), day membership at Sandy B Private Beach Club and access to the sauna, steam room and gym.
- ## ETIQUETTE
- We recommend that you arrive 15 minutes prior to your treatment time to allow for pre-treatment consultation and preparation.
  - A robe, slippers and disposable underwear are available for your use.
  - No treatment will commence without the client's signature and completion of the indemnity and consultation forms.
  - Gratuities are discretionary and are not included in the treatment price (usually between 10 – 15 %).
  - There is adequate public parking nearby. On-site parking available by arrangement.

## BOOKING TERMS AND CONDITIONS

- Credit card details may be requested to secure a booking.
- A 50% deposit is required for group bookings and packages.
- A special fee for appointments made outside of the normal working hours (subject to therapist availability), as well as group bookings, will be charged.
- We reserve the right to cancel your appointment and book waitlisted clients should you be more than 15 minutes late for your confirmed booking without notifying the spa.
- Bookings cancelled with less than 4 hours notice, will be charged at 50% of the booked treatment value, at the discretion of the Wellness Host.
- Full treatment charge will apply for non-arrivals.
- Children under the age of 12 must be accompanied by a parent/guardian for the entire duration spent on the hotel premises.
- Prices and any other details are subject to change with reasonable notice.
- Terms and conditions apply and can be viewed on [www.mintwellness.com](http://www.mintwellness.com).