



Breakfast menu

Himitsu Health 95

Our Retreat Buddha Bowl, fresh berry and chia blended yoghurt, topped with seasonal fruits, toasted coconut, nuts and seeds

*Berry and chia blended coconut cream (vegan)

Himitsu Full English 100

Eggs of your choice, grilled bacon, roasted English banger, portobello mushrooms, grilled tomatoes, house toasted bread

Himitsu Vegetarian 95

Grilled sourdough toast, shiitake and truffle cream, scrambled eggs, Parmesan, wild Retreat rocket

Himitsu Signature 95

Nasi Goreng, pan fried Japanese black rice, crispy pork or tofu (V), shallots, tomatoes, peppers, lemongrass, lime leaf and chilli, topped with a fried egg, toasted peanuts and lime

Himitsu Benedict 110

Toasted English muffin, 2 poached eggs to your temperature, house hollandaise, spinach and retreat garlic chives. Served with either grilled bacon, Franschoek smoked salmon trout or shiitake mushrooms

Teas/Coffees/Raw Juice