

FACIALS

Lamelle Essentials Hydrating Facial Treatment.....R650 / 1hr

This facial offers an experiential treatment to stimulate the senses, to quench a thirsty, dehydrated skin and to thoroughly improve the skins quality.

Lamelle Essentials Purifying Facial Treatment.....R650 / 1hr

This facial offers an experiential treatment to stimulate the senses, to purify a congested skin and to thoroughly improve the overall quality of the skin.

Lamelle Essentials Age Preventing Facial Treatment.....R700 / 1hr

This facial offers an experiential treatment to stimulate the senses, to support and protect the skin with powerful antioxidants and to thoroughly improve the overall quality of the skin.

Esse Express Facial Treatment.....R490 / 30min

A fully customisable treatment targeted at achieving results in 30 minutes.

Esse Experience Facial Treatment.....R800 / 1hr

A bespoke facial that harnesses the power of advanced pre & probiotics to improve the microbial balance on the skin. Tailored to address your specific skin concerns with customisations and enhance the treatment with carefully crafted add-ons. Experience benefits that include soothing stress relief, boosted collagen production, reduced inflammation, and strengthened skin barrier function.

Esse Live Probiotic Experience.....R980 / 1h15

An ultimate treatment to elevate your skin to a whole new level with live probiotics and specialised massage protocols. This world class standard live probiotic experience is designed to reduce inflammation, enhance barrier function signs of ageing by restoring microbial balance and rewiring the skin. The inclusion of the Esse Sensitive or Lifting massage further enhance treatment outcome and promote complete relaxation.

Thalgo Hyaluronic Marine Facial Deep Wrinkles.....R2 000 / 1hr

An anti-wrinkle solution drenched in high penetration hyaluronic acid, this treatment fills and corrects deep wrinkles thanks to its exclusive massage and double professional mask, resulting in a younger and smoother looking skin.

Thalgo Lumière Marine Facial Pigmentation and Uneven Skin Tone.....R2 100 / 1hr

The skin appears visibly younger through lightening the complexion and reducing pigmentation marks.

Thalgo Silicium Marine Facial Deep Wrinkles and Lack of Ton.....R2 400 / 1h15

Correcting loss of firmness and smoothing deep wrinkles, the treatment procedure includes a highly effective anti-wrinkle massage and a professional double firming mask which erases wrinkles and restores radiance to the complexion.

Thalgo Exception Marine Facial Ladies 45+.....R2 600 / 1h30

The first Marine Lifting treatment which resculpts, contours, redensifies the skin and fills out wrinkles. The patented Marine Replenishment Complex and an exclusive Thalgo technique, Energilift, makes this facial a real manual facelift.

Thalgo Men's Facial.....R800 / 1hr

Uniquely designed for men, the key Algae Bleue Vitale extract is infused with anti-fatigue and anti-ageing properties. This energising facial provides immediate results which leaves the complexion rested, radiant and rejuvenated.

Thalgo Source Marine Ritual Dehydrated.....R900 / 1hr

Hydration levels are lastingly corrected to deeply replenish and restore the skin's velvety-smooth feel and original radiance.

TINTING

BrowsR80 / 10min

LashesR100 / 10min

Brows and LashesR100 / 30min

WAXING

Lip, Chin or Brow (each)R120 / 10min

UnderarmsR140 / 15min

Arms – HalfR130 / 20min

Arms – FullR240 / 40min

Chest or B.....R300 / 30min

BikiniR200 / 30min

Brazilian.....R320 / 30min

HollywoodR350 / 45min

Legs – HalfR300 / 30min

Legs – Full.....R350 / 1hr

BODY

Bellabaci Deep Relax Body RitualR1 250 / 2hrs

This treatment is designed to support hormonal balance, relax nervous tension, calms emotional upsets and busy minds, may relieve adrenal fatigue and exhaustion. Includes a full body exfoliation, followed by application of the stress no more body wrap. While the wrap is on, a 15 min scalp and foot massage is performed. Followed by the application of the stress no more balm and a relaxing 30 min back, neck and shoulder massage.

Bellabaci Revive BodyR1 000 / 1hr 30min

This treatment is designed to support the balancing of blood circulation, hormonal activity, venous flow, arterial repair, as well as lymphatic drainage. Includes an invigorating full body exfoliation, followed by the application of the circuflow body wrap. Application of the circuflow balm and a reviving foot and leg massage incorporating the Bellabaci cups.

Bellabaci Detox and Slimming Body TreatmentR1 100 / 1hr 30min

This treatment focuses on your individual problematic areas, targeting cellulite while supporting slimming, detoxification and firming your skin. Includes a stimulating full body exfoliation, followed by the application of the cellulite be gone body wrap in targeted areas. Finishing the treatment off with the cellulite be gone balm and cupping therapy in areas of concern.

MASSAGES

Scalp and NeckR350 / 30min

Soothed Soles (Feet)R400 / 45min

Back, Neck and ShoulderR420 / 45min

Cooling Leg Treatment.....R550 / 4 min

SwedishR800 / 1hr

AromatherapyR900 / 1hr

Deep Tissue.....R1 000 / 1hr

Hot Stone.....R1 100 / 1h30

Mint SignatureR1 400 / 1h30

Our signature massage incorporates a combination of aromatherapy and hot stones with invigorating mint massage oil to relieve and prevent tense muscles, pain and sinusitis.

Additional TimeR120 / 15 min

LITTLE DIVAS (8-12 YEARS)

Funky Fingers	R200 / 30min
Twinkle Toes	R220 / 45min

HANDS AND FEET

Luxury Manicure	R400 / 60min
Express Manicure	R250 / 30min
Gelish Manicure	R450 / 1h15min
Gelish Soak-Off and Nail Buff	R200 / 45min
Men's Manicure	R300 / 45min
Luxury Pedicure	R450 / 1h15min
Luxury Callus Peel Pedicure	R500 / 1h30min
Express Pedicure	R270 / 30min
Gelish Pedicure	R550 / 1h15min
Men's Pedicure	R380 / 1hr

PACKAGES (CHECK SEQUENCE OF TREATMENTS)

Traveller's TensionR700 / 1hr
 Release travel tension with a scalp, neck and shoulder massage followed by a pressure point foot and leg massage.

Love Actually Or Nature Bath*.....R1 400 / (single) – R2 700 / (double) 2hrs
 Enjoy an aromatherapy massage followed by an organic bath soak, perfectly paired with a glass of sparkling wine or fruit smoothie and a fresh fruit platter.

*Nature Bath only available at Camps Bay Retreat, Love Actually at both Spas.

Man Of The Moment.....R1 800 / 2h30
 Sauna or steam session, deep tissue full body massage, scalp massage and a luxury callus peel pedicure.

Just Us.....R1 800 / (single) – R3 400 / (double) 2hrs
 Unwind with an aromatherapy, scalp and pressure point foot massage, completed with an express facial.

Mint FavouritesR2 600 / 4hrs
 A top-to-toe spoil consisting of a welcoming foot ritual, our Mint Signature massage, a hydrating facial and your choice of a luxury manicure or pedicure.



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 For further information, operating hours and gift vouchers, please visit www.mintwellness.com or email us at bookings@mintwellness.com.

Valid from 01 June - 01 October 2022

BENEFITS WITH TREATMENTS

- Any treatment longer than 60 minutes, gains you access to a lounge at the pools (excluding the Sandy B Private Beach Club), subject to availability (excludes peak season from 16 December to 4 January).
- Any treatments to the value of R1 500 and over, offers access to loungers (client +1), subject to availability (excludes peak season from 16 December to 4 January), day membership at Sandy B Private Beach Club and access to the sauna, steam room and gym.

ETIQUETTE

- We recommend that you arrive 15 minutes prior to your treatment time to allow for pre-treatment consultation and preparation.
- A robe, slippers and disposable underwear are available for your use.
- No treatment will commence without the client's signature and completion of the indemnity and consultation forms.
- Gratuities are discretionary and are not included in the treatment price (usually between 10 – 15 %).
- There is adequate public parking nearby. On-site parking available by arrangement.

BOOKING TERMS AND CONDITIONS

- Credit card details may be requested to secure a booking.
- A 50% deposit is required for group bookings and packages.
- A special fee for appointments made outside of the normal working hours (subject to therapist availability), as well as group bookings, will be charged.
- We reserve the right to cancel your appointment and book waitlisted clients should you be more than 15 minutes late for your confirmed booking without notifying the spa.
- Bookings cancelled with less than 4 hours notice, will be charged at 50% of the booked treatment value, at the discretion of the Wellness Host.
- Full treatment charge will apply for non-arrivals.
- Children under the age of 12 must be accompanied by a parent/guardian for the entire duration spent on the hotel premises.
- Prices and any other details are subject to change with reasonable notice.
- Terms and conditions apply and can be viewed on www.mintwellness.com.