
Bella's

at Camps Bay Retreat

Welcome to Bella's at Camps Bay Retreat, where we place local, organic and quality ingredients at the top of our priority lists. Open daily, we strive to offer all our guests a memorable experience so please pay special attention to our dining times below and remember that guests not staying with us are encouraged to book their visit timeously.

Breakfast 07h00 till 11h00

Lunch 12h00 till 16h00

Tea and Cake celebrations 12h00 till 18h00

Sundowner Snacks 17h00 till 19h00

Dinner 18h30 till 21h30

Cocktails, wine and beverage menu

Breakfast

Welcome to the most important meal of your day.

For our in house guests, included in your stay is one item from our continental selection as well as an item from the kitchen and 2 drinks per person.

Continental

Homemade nutty muesli, freshly cut fruit and Greek yogurt **R110**

Breakfast platter – croissant, charcuterie, cheese, sliced fruit **R135**

Muffin of the day with cheese and homemade preserve **R65**

From the kitchen

- with your choice of sour dough or seed loaf bread -

Smashed avocado on toast with rocket and oven roasted tomatoes **R95**

- add a poached egg **R15**

Traditional Hot Breakfast - eggs, bacon, sausage, mushrooms and tomato **R135**

Omelette

- Smoked Franschoek trout with crème fraiche **R125**

- Crispy pancetta and gruyere with fresh herbs **R125**

Buttermilk pancakes with berries and crème fraiche **R105**

Kids

Scrambled eggs and toast **R65**

Buttermilk pancake with fresh fruit and syrup **R65**

Drinks

Tea **R28**

Filter Coffee **R28**

Freshly squeezed juice of the day **R45**

Cappuccino or Flat White **R35**

Still or Sparkling Water 350ml **R15** 750ml **R35**

Make your breakfast more of a celebration and enjoy a Mimosa for only R65. Breakfast Celebration offer limited to 1 Mimosa per person.

Meals

In-house guests are invited to enjoy their lunch pool side on a lounger or in the restaurant. Those not staying with us, kindly enquire with reception regarding day pass costs and lounger availability if you wish to enjoy the same luxury. Dinners are served by candle light in the restaurant area, exclusively.

Salads and sandwiches

Chicken Caesar salad **R115**

- add pancetta **R35**

Fior de Latte with tomatoes, basil and avocado **R125**

Citrus and trout salad with pickled ginger with an Asian dressing **R160**

Club sandwich - pastrami, gherkins, mustard mayo, Emmental and lettuce **R115**

Wholegrain mustard, mayonnaise and chicken open sandwich **R105**

Hummus, roasted peppers and mushroom open sandwich **R95**

Light meals

Homemade Burger - chicken **R125** beef **R145** or Beyond Beef vegan **R145**

Our famous lamb ragu pasta with pappardelle pasta **R215**

Traditional fish and chips **R115**

Vegan Buddha bowl **R125**

- add chicken strips **R40**

Grilled

Chalmar beef sirloin served with peppercorn sauce **R210**

Lemon basted chicken kebab with tzatziki **R165**

Prawns with lemon butter **R265**

Grilled cauliflower served with a Thai coconut curry sauce and toasted chickpeas **R135**

Sides

Potato chips **R45**

Roasted sweet potato with chili sour cream **R55**

Tender stem broccoli with sesame seeds **R55**

Desserts

Vanilla panna cotta with lemon and crushed meringue **R55**

Vegan Apple and pear crumble served with vegan coconut ice cream **R60**

Boozy Tiramisu - an absolute classic **R65**

Tea and Cake

At Bella's, we love a good celebration, specially one that calls for cake. Why not spend your next special day with us and order one of our speciality cakes. Included in the price is an elegantly set up venue, a hot drink per person and, of course, the cake of your choice.

Some of our speciality cakes available include:

Vanilla sponge cake with raspberry filling and white chocolate ganache | Dark chocolate cake filled with Nutella topped with toasted hazelnuts | Incredibly decadent New York style cheese cake with lemon topping | Carrot and fig cake smothered with cream cheese frosting

Daily Cream Tea

Resident guests are invited to enjoy complimentary scones with jam, cheese and cream daily between 15h00 and 17h00. Served with a hot pot of tea or filter coffee, just let your waiter know when you are ready for your Cream Tea.

For those not staying with us, you are welcome to request a Cream Tea booking at **R75** per person.

Sundowners and Snacks

Little titbits, best enjoyed with a drink in hand overlooking our majestic garden and the dark blue Atlantic Ocean.

Snacks

Truffle and parmesan fries **R65**

Biltong **R55**

Droe wors **R55**

Roasted nuts **R50**

Lemon and rosemary infused olives **R45**

Pizza

Margarita (fresh basil, Fior Di Latte, tomato) - **R110** add chorizo **R35**

Avocado, roasted beetroot, roasted garlic, roasted butternut and mushrooms sprinkled with toasted seeds and balsamic glaze **R135**

Cocktails

Designed by one of the top mixologists in Cape Town, our cocktails are made using fresh, seasonal and top quality produce. Cocktails marked with an * are available as Mocktails as well.

Margarita

A Mexican classic **R85**

Espresso Martini

Vodka and coffee **R85**

Negroni

Martini Rosso, Campari and gin **R85**

*Easy does it**

Cointreau, grapefruit, mint and Dry Lemon **R85**

*Sunset Mule**

Gin, Aperol, orange, ginger and lime **R85**

Retreat yourself

Elderflower and MCC **R85**

Old Fashioned

Whiskey, Bitters and sugar syrup **R85**

Aperol Spritz

Aperol, soda water and MCC **R85**

Mimosa

MCC and orange juice **R85**

Marmalade Sour

Bourbon, marmalade, lemon and Bitters **R85**

*Citrus Sensation**

Tequila, grapefruit, lime, guava and Bitters **R85**

Wine by the glass

Metode Cap Classique

Graham Beck Brut **R85**

Graham Beck Brut Rose **R85**

Rose

Babylonstoren **R95**

White Wine

The Valley **R70**

A.A Badenhorst Chenin Blanc **R55**

Graham Beck Brut **R85**

Paserene **R95**

Red Wine

Boschendal Merlot **R85**

Springfield Whole Berry Cabernet **R95**

Muratie Ronnie Melck Syrah **R105**

Buffelsfontein Pinotage **R95**

Wine

Spoilt with one of the finest wine regions in the world right on our doorstep, we are proud to present some of our favorite local wines.

Metode Cap Classique

Graham Beck Brut **R380**

Graham Beck Brut Rose **R380**

Champagne

Moet and Chandon Imperial **R1125**

Moet and Chandon Rose **R1450**

Chenin Blanc

Babylonstoren **R230**

Mason Road **R210**

A.A Badenhorst Secateurs **R230**

Sauvignon Blanc

Klein Constantia "KC" **R210**

Groote Post Seasalter **R320**

The Valley **R260**

Chardonnay

Springfield Wild Yeast **R330**

Paserene bright **R290**

Newton Johnson **R290**

Pinot Grigio

Anthonij Rupert Terra Del Capo **R190**

Rose

Babylonstoren Mourvedre **R250**

Lievland Liefkoos **R360**

Pinot Noir

Lourensford The Dome **R290**

Creation **R450**

Pinotage

Kanonkop **R770**

Diemersfontein **R280**

Buffelsfontein **R280**

Merlot

Muratie Alberta Annemarie **R350**

Boschendal 1685 **R320**

Hartenberg **R410**

Shiraz

Muratie Ronnie Melck **R375**

Babylonstoren **R580**

Cabernet Sauvignon

Springfield Whole Berry **R375**

Tokara **R260**

Glen Carlou **R360**

Red Blends

Babylonsotren Babel **R340**

Nederburg Motorcycle Marvel **R450**

Miles Mossop Introduction **R310**

Boschkloof **R250**

Dessert Wine

Klein Constantia Vin De Constance **R1900**

Muratie Amber Forever **R290**

Beverages

Hot Drinks

- Tea **R28**
- Red Cappuccino **R35**
- Café Latte **R30**
- Americano **R25**
- Flat White **R35**
- Espresso-Double **R25** -Single **R20**
- Cappuccino **R30**
- Hot Chocolate **R35**
- Irish Coffee **R50**

Smoothies

- Strawberry, banana, honey and almond **R55**
- Peanut butter, banana and chia seeds **R55**

Beers

- Becks Non-Alcoholic **R30**
- Castle Lager/ Light **R38**
- Heineken **R40**
- Windhoek Lager **R38**
- Windhoek Light **R45**

Cold Drinks

- Water Still | Sparkling 330ml **R15** - 1 liter **R35**
- Coke/ Coke Light **R26**
- Dry Lemon/ Ginger Ale/ Lemonade /Soda Water/ Tonic Water **R22**
- Tomato Cocktail **R35**
- Appetiser/ Grapetiser **R35**
- Bos Ice Tea **R34**
- Red Bull **R50**
- Kola/ Lime / Passion Fruit Cordial **R6**

Milkshakes

- Chocolate **R55**
- Oreo **R55**
- Vanilla **R50**

Ciders

- Savanna Dry **R45**
- Savanna Light **R45**