

Bella's

at Camps Bay Retreat

Welcome to Bella's at Camps Bay Retreat, where we place local, organic and quality ingredients at the top of our priority list.

Starters

Patagonian squid - Lightly dusted and deep fried or grilled, served with savoury rice, chips or a side salad **R135 | €7,60**

Creamy Thai sweet potato soup - Thai spiced and full of flavour, served with a piece of crusty bread **R120 | €6,80 (v)**

Honey baked camembert cheese wheel with rosemary and roasted garlic, served with a piece of crusty bread **R125 | €7,05**

Tomato soup served with a piece of crusty bread **R120 | €6,80**

Salads and Sandwiches

Chicken Caesar salad - A classic served with cos lettuce, crispy garlic croutons, boiled egg and a Caesar dressing **R115 | €6,50**
- Add crispy pancetta **R35 | €2**

Club Sandwich - Layers of fresh lettuce, tomato, mustard mayo and pastrami, topped with a free range fried egg and streaky bacon **R115 | €6,50**

Citrus and trout salad with pickled ginger, avocado and black sesame seeds topped with an Asian dressing **R160 | €9**

Vegetarian open sandwich with homemade hummus, an oven roasted mushroom and bell pepper medley **R95 | €5,35 (v)**

Roast butternut, Danish feta, toasted pumpkin seeds and avocado salad served with a honey balsamic dressing **R110 | €6,20**

Truffle infused grilled cheese **R95 | €5,35**

Fior di Latte salad with fresh tomatoes, homemade pesto, avocado and balsamic glaze **R125 | €7,05**

Chicken Mayo - Flavourful chicken mayo served open on toasted ciabatta bread **R105 | €5,90**

Light Meals

Homemade burger, topped with cheese (except vegan), a homemade tomato relish and an onion marmalade - served with your choice of chips, sweet potato fries or a side salad
Beef **R145 | €8,20** Chicken **R125 | €7,05** Vegan **R145 | €8,20**

Jenna's chicken korma curry served with homemade butter garlic naan and basmati rice **R145 | €8,20**

Traditional fish and chips **R115 | €6,50**

Penne Arrabiata - Penne pasta tossed in a spicy tomato sauce topped with olives and parmesan shavings **R145 | €8,20**
- Add cream **R25 | €1,40**

Grilled cauliflower served with a spicy Thai coconut curry sauce topped off with crispy dukkha chickpeas and toasted coconut flakes **R135 | €7,60 (v)**

Vegan Buddha bowl - A light quinoa salad served with fresh seasonal vegetables, pickled red cabbage, avocado and a pineapple salsa **R125 | €7,05 (v)**
- Add chicken strips **R40 | €2,25**

Bella's famous lamb ragu pasta - Slow roasted lamb shoulder, shredded and tossed in a homemade pasta sauce served with parmesan shavings and basil **R215 | €12,10**

Grilled

Served to your desired temperature with a sauce and side of your choice.

Chalmar beef sirloin **R210 | €11,85**

Miso glazed grilled salmon fillet **R245 | €13,80**

Tender fillet steak **R275 | €15,50**

Vietnamese prawns **R265 | €14,90**

Honey garlic chicken kebabs **R175 | €9,90**

Sides

Potato chips **R45 | €2,55**

Sweet potato fries **R45 | €2,55**

Pan fried tender-stem broccoli with toasted sesame seeds **R55 | €3,10**

Balsamic glazed roasted brussel sprouts with toasted almond flakes **R65 | €3,70**

Side salad **R45 | €2,55**

Rice **R45 | €2,55**

Sauces

Mushroom Sauce **R45 | €2,55**

Peppercorn Sauce **R45 | €2,55**

Lemon Butter Sauce **R45 | €2,55**

Kids

Kiddies burger - Beef, chicken or vegan **R85 | €4,80**

Chicken Strips **R75 | €4,20**

Hake goujons and chips **R95 | €5,35**

Desserts

Boozy Tiramisu - an absolute classic **R65 | €3,70**

Vegan apple and pear crumble served with vegan coconut ice cream and toasted almonds **R60 | €3,40 (v)**

Irresistible dark chocolate truffle tart **R65 | €3,70**
- Add vanilla ice cream **R35 | €2**

Deconstructed lemon meringue - crushed biscuit, lemon mousse and a torched swiss meringue **R75 | €4,20**

Daily Cream Tea

Resident guests are invited to enjoy complimentary scones with jam, cheese and cream daily between 15h00 and 17h00. Served with a hot pot of tea or filter coffee, just let your waiter know when you are ready for your Cream Tea.

For those not staying with us, you are welcome to request a Cream Tea booking at **R75 | €4,20** per person.

Bar Snacks

Little tidbits, best enjoyed with a drink in hand overlooking our majestic garden and the dark blue Atlantic Ocean.

Truffle and parmesan fries **R65 | €3,70**

Biltong **R55 | €3,10**

Droëwors **R55 | €3,10**

Roasted nuts **R50 | €2,80**

Lemon and rosemary infused olives **R45 | €2,55**

Beverages

Hot Drinks

Tea **R28 | €1,60**

Red Cappuccino **R35 | €2**

Café Latte **R30 | €1,70**

Americano **R25 | €1,40**

Flat White **R35 | €2**

Espresso Double **R25 | €1,40**

Single **R20 | €1,15**

Cappuccino **R35 | €2**

Hot Chocolate **R35 | €2**

Irish Coffee **R50 | €2,80**

Smoothies

Strawberry, banana, honey and almond **R55 | €3,10**

Peanut butter, banana and chia seeds **R55 | €3,10**

Beers

Becks Non-Alcoholic **R30 | €1,70**

Castle Lager **R38 | €2,15**

Heineken **R40 | €2,25**

Windhoek Lager **R38 | €2,15**

Windhoek Draught **R55 | €3,10**

Cold Drinks

Water Still / Sparkling 330ml **R15 | €0,85**

Water Still / Sparkling 1 Litre **R35 | €2**

Coke / Coke Light **R26 | €1,50**

Dry Lemon / Ginger Ale / Lemonade / Soda Water / Tonic Water **R22 | €1,25**

Tomato Cocktail **R35 | €2**

Appletiser / Grapetiser **R35 | €2**

Bos Ice Tea **R34 | €1,90**

Red Bull **R50 | €2,80**

Kola / Lime / Passion Fruit Cordial **R6**

Milkshakes

Chocolate **R55 | €3,10**

Oreo **R70 | €3,95**

Vanilla **R50 | €2,80**

Strawberry **R50 | €2,80**

Ciders

Savanna Dry **R45 | €2,55**

Savanna Light **R45 | €2,55**

Cocktails

Cocktails marked with a * are available as Mocktails as well.

Margarita - A Mexican classic **R95 | €5,35**

Espresso Martini - Vodka and coffee **R85 | €4,80**

Negroni - Martini Rosso, Campari and gin **R85 | €4,80**

Easy Does It* - Cointreau, grapefruit, mint and Dry Lemon **R105 | €5,90**

Sunset Mule* - Gin, Aperol, orange, ginger and lime **R85 | €4,80**

Retreat Yourself - Elderflower and MCC **R85 | €4,80**

Old Fashioned - Whiskey, Bitters and sugar syrup **R85 | €4,80**

Aperol Spritz - Aperol, soda water and MCC **R105 | €5,90**

Mimosa - MCC and orange juice **R85 | €4,80**

Marmalade Sour - Bourbon, marmalade, lemon and Bitters **R85 | €4,80**

Citrus Sensation - Tequila, grapefruit, lime, guava and Bitters **R95 | €5,35**

Strawberry Daiquiri* - Strawberries and Rum **R85 | €4,80**

Piña Colada* - Pineapple juice, coconut cream, white rum **R95 | €5,35**

Mojito* - Soda water, lime, white rum and mint leaves **R85 | €4,80**

Wine by the glass

MCC | 125ml. WINE | 175ml. DESSERT / FORTIFIED | 50ml.

Merhode Cap Classique

Pongrácz Noble Nectar **R80 | €4,50**

Graham Beck Brut **R90 | €5,10**

Graham Beck Brut Rosé **R90 | €5,10**

White Wine

Durbanville Hills Sauvignon Blanc **R60 | €3,40**

Fryers Cove Sauvignon Blanc **R90 | €5,10**

Badenhorst Secateurs Chenin Blanc **R70 | €3,95**

Arendskloof Chardonnay **R75 | €4,20**

Rose

Haute Cabriere Chardonnay Pinot Noir **R70 | €3,95**

Mirabelle Rosé **R70 | €3,95**

Red Wine

Boschendal 1685 Merlot **R95 | €5,35**

Nederburg Wine Master Cabernet Sauvignon **R65 | €3,65**

Kanonkop Kadette Cape Blend **R85 | €4,80**

Fortified Wine

De Krans Cape Vintage **R25 | €1,40**

Allesverloren Fine Old Vintage **R25 | €1,40**

De Krans Cape Tawny **R35 | €1,95**

Dessert Wine

Klein Constantia Vin De Constance **R230 | €12,95**

If you would like to view our full wine list, please enquire with your server

Euro guideline €1 to R17,76 as at 13/10/2022